

## How many types of kundli dosha are there ?

Several negative doshas in the [kundli](#) create problems in an individual's life. The malefic planets like Sun, Mars, Rahu, Ketu, and Saturn form negative dosha in the kundli. Associating the malefic planets with the benefic planets spoils their good effects and thus creates [kundli dosha](#). Some most popular and common dosha are Mangal dosha, Pitra dosha, kaalsarp dosha, nadi dosha, guru chandaal dosha, and angarak dosha etc. In this write-up, we are giving some general yet very effective remedies to remove the effects of these negative dosha in the Kundli. One should visit an astrologer or use [astrology calculators](#) to find their presence in his horoscope.



### Mangal Dosha Remedies

- A marriage between two Manglik people cancels the Manglik dosha.
- One can perform Kumbh vivaah to remove the bad effects of Manglik dosha. Here, a Manglik person marries a Banana, peepal tree, or a silver/golden statue of Lord Vishnu before marrying a person.
- If Mars is in its exaltation or its own house, the Manglik dosha gets canceled.
- One should observe a fast on Tuesdays as one of the most effective [mangal dosha remedies](#). The observer should eat only toor daal (split pigeon daal) on the fasting day.
- Manglik person should chant the Mangal Beeja Mantra on Tuesdays.
- One can also chant the Gayatri mantra 108 times or the Hanuman Chalisa daily.
- Visiting Navgraha temples also decrease the destructive effects of Mangal Dosha.
- Perform mangal dosh nivaran puja on Tuesdays.
- Visit a Lord Hanuman temple to worship him on Tuesdays. Offer a ghee lamp, vermilion, and sweets in the temple.
- Make donations of sweets, swords, knives, dishes made of red lentil daal (masoor daal), wheat bread, red silks, and coral stone.

- Wear a gemstone coral to alleviate the ill effects of Mars. However, an astrological consultation can give better suggestions.

### Pitra Dosha Remedies

- Perform proper shraadh and tarpan rituals of your forefathers as the best [pitra dosha remedies](#).
- Offer Water on Shivalingam and Banayan trees on Mondays.
- Perform Grah Shaanti Puja.
- Help needy and poor people during Pitra Paksha.
- Donate food to hungry people and animals.
- Respect priests and feed them on Amavasya.
- One should donate on the Panchmi, Amavasya, Purnima, and Ashtami tithi.
- Offer cooked rice and chapati to cows and crows for 11 consecutive days.
- Keep fast on Tuesdays and Saturdays.
- Chant the mantra- "Om Shreem Sarva Pitra Dosha Nivaranay Klesham Han Han Sukh Shantim Dehi Phat Swaha."

### Kaal Sarp Dosha Remedies

- Chant Maha Mrutyunjay Mantra 11 times twice a day. This remedy serves as the most effective of all [Kaal sarp dosha remedies](#).
- Chant 'Om Namah Shivaya' 108 times daily.
- Chant 'Om Naagkulaya Vidmahe Vishadantaya Dheemahi Tanno Sarpa Prachodayat'.
- Chant Vishnu Sahasranama.
- Keep fast for 11 consecutive Mondays.
- Don't harm snakes.
- Perform Rudra-Abhishekam of Shivalingam on Mondays.
- One can float 11 coconuts in running water on Saturday or Panchami Tithi.
- Perform Grah Shanti Puja.
- Observe fast on Nag Panchami day.

### Nadi Dosha Remedies

- The native can wear a suitable gemstone after consulting an astrologer.
- The suitable gemstone and yantras work for the well-being of the couple.
- The popular [nadi dosha remedies](#) include chanting of Maha Mrityunjaya Mantra daily.
- One should perform nadi dosha nivaran puja to offset the Nadi dosha. One can take the help of an experienced priest to conduct this puja.
- Donate food, gold, grains, and clothes to needy people.
- Perform Tula daan, wherein the person donates food equal to his body weight.

### Guru Chandal dosha remedies

- Control your harsh speech.
- The person should worship the planet Jupiter as one of the best [guru chandal dosha remedies](#).
- Give respect to the elders and parents to reduce the harmful effects of Guru Chandal Dosh.
- Act politely and meet people most lovingly.
- Seek the advice of elderly people before making any decision.
- Offer green fodder to cows.
- Help those in need and feed them.

- Worship Lord Hanuman to reduce the ill effects of Rahu.
- Worship Lord Shiva and Ganesha regularly.
- Offer raw milk to the root of the banyan tree.

#### Angarak dosha remedies

- The person should eat honey regularly.
- Worship Lord Hanuman and offer ghee lamps, sweets, and sindoor.
- Worship Lord Ganesha to mitigate the effects of Angarak dosha.
- Worship Goddess Laxmi, Saraswati, and Lord Shiva together as good [Angarak dosh remedies](#).
- Clean the house with a broom.
- Cook sweet chapati to feed the street dogs.
- Perform Rahu grah shanti puja at home.
- Worship Goddess Laxmi when the Moon transits in the Rohini nakshatra.
- The native must perform meditation and stay away from any kind of disputes.
- Light a ghee lamp every evening.
- On Tuesday, wear a ring made of tridhaatu- three metals, i.e., copper, silver, and gold.
- Respect and take care of your mother.
- The person can put Shree yantra or kuber yantra at home.