

## [How to Add Captions to Reels?](#)

Have you created Facebook or Instagram reels? Adding captions to your reels is important for providing a better video experience. Captions are the written version of the music or spoken words in your video. But, [how to add captions to reels?](#)

### **Adding Captions to Your Facebook Reels**

- Facebook Reels gives you an option for adding captions to the videos.
- Access your account from the Facebook app and click on the Reels session.
- Create your Facebook Reel. You may also choose an existing video where you need to add a caption.
- Select the video and click on the Edit option.
- Choose Captions CC that appears on the screen.

Another way to insert a caption for your Facebook reel is to use an automatic captioning tool. Upload the Facebook video and choose the Edit Video option. Go to CC Captions and hit the Generate button for an automatic generation of Facebook captions.

If you want, you can edit the reel anytime. After tapping on the reel, you have to click on the 3-dot menu at the top corner. It will show the Edit Reel option. You can click on the text and edit it.

### **Adding Captions to Your Instagram Reels**

Instagram lets you add captions to your reels without a hassle. However, unlike Facebook, it does not let you edit the caption. That is why many reel makers use third-party tools to insert captions to your Instagram Reels. Let us now talk about the steps for adding Instagram Reel's caption.

- Open the app and upload your reel.
- Click on the Aa button and add relevant text to the video. Click on the blue tick button and apply it to the video.
- Select the Next button and post the reel to your Instagram account.

So, these are some steps if you don't know how to add captions to reels on [social media platforms](#).